



Physio First

Data for Impact

Top Tips

Getting started



University of Brighton



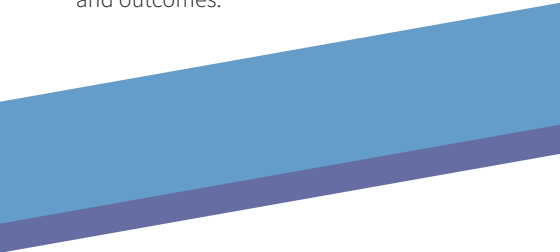
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Standardised data collection for your practice

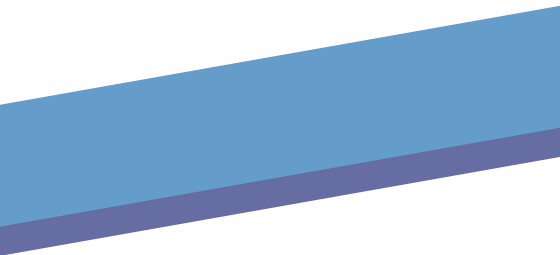
Data for Impact is our exciting, online, standardised data collection tool created in collaboration with the University of Brighton.

It enables you to input and analyse data on your practice, patients, treatments and outcomes.



You can use Data for Impact to create practice-specific reports to champion your work. You can also use it to achieve our Physio First Quality Assured Practitioner (QAP) and Clinic (QAC) kite marks – or in your Continued Professional Development.

At Physio First we use the data to champion evidence-based, cost-effective private physiotherapy as a whole in the UK.



With thanks to the Private Physiotherapy Educational Foundation for funding our Data for Impact project.



TIP 1

Let's sign up

To sign up for Data for Impact you must be a Physio First member or part-time subscriber.

To become a Physio First member or part-time subscriber, visit our website and see the many great benefits you're missing!

www.physiofirst.org.uk

Members and part-time subscribers of Physio First can sign up for Data for Impact via the University of Brighton website by following this link:

www.physiofirst.org.uk/dataforimpact

Or register directly on the University of Brighton website: https://tools.brighton.ac.uk/P1st_signup/PF_DFI_register.php

Once registered, you will be given a unique account name and password to access the system whenever you want.



TIP 2

Accessing the software

Go to your internet browser and type in:
bit.ly/Data4Impact

At the login page, enter your account name
and password.

Tip: Bookmark this page for quick access
from your PC or mobile device next time.



TIP **3**

Selecting patients

For best results, input data on all your new patients. If this isn't practical, select a percentage of your usual caseload at random, rather than choosing pre-determined cases.

Avoid only using patients who are interesting, challenging or likely to respond positively to treatment.

To randomly select patients, select every third or fifth new patient each week, or you could even toss a coin!



TIP **4** **Obtaining consent**

You must obtain informed consent from each of your selected patients.

Use our patient consent form and patient information sheet supplied electronically by the University of Brighton once you have signed up for Data for Impact.

Keep these forms at your practice.

All practice and patient details remain confidential and are referenced by code only.

Online patient data is encrypted so no one else sees it but you.



TIP 5

Inputting data

There are seven sections on the Data for Impact Form to complete:

1. Patient details
2. Diagnosis
3. Referral information
4. Body site
5. Treatment details
6. Influencing factors
7. Discharge information

Click on the relevant tab to open each section.

Use the "tab" key on your keyboard, or the "next" button on your mobile device, to move on to the next data input field.



TIP **6**

Adding new patients

You can input basic data on a new patient at their first visit (after they've signed the consent form).

Input patient details, diagnosis, referral information, body site and initial treatment.

For best results please answer all questions.

If you're unsure how to respond please get in touch – find out how at the back of this booklet.



TIP **7** **Updating records**

You won't need to update your records every time your selected patients return for treatment.

Updates are only needed if there is a change in a patient's treatment and to record outcomes when a patient is discharged.

This is quick and easy and won't take long.



TIP 8

Reviewing data

National reports using the data are available on our Physio First website. All Physio First members and part-time subscribers can access these reports.

- Log on using your membership number and password
- Click on "Benefits" within the toolbar
- Select no.4 – Get Data for Impact reports
- Go to "Our latest national interim reports"
- Select "National Interim Report"

If you have contributed to Data for Impact with a minimum of 50 discharged datasets within a 12-month period, you can receive your own, individual report. These reports are issued directly to all participants every four months by the University of Brighton. For more details, and advice on how to use individual data reports, read our booklet "Making the most of your data".



TIP 9

Collecting data

Our Data for Impact collection programme is live and ongoing.

Please continue inputting patient data unless advised otherwise.

The more data we can supply, the better.

The University of Brighton download and analyse the data three times a year (January, May and September).

We'll tell you when we're going to do this.



TIP **10**

Watch and read!

On registering for Data for Impact you will be given access to our simple user guide and short tutorial videos – we recommend you look at these before you start.

They give step-by-step instructions on how to input data from your clinic.



We are here to help

For further help with entering patient data or some one-to-one support, please email or call us. We're happy to talk over queries with you.



Email us:

physiosurvey@brighton.ac.uk



Call us:

01273 641802 (answerphone)



There's also more project information at:

www.physiofirst.org.uk/dataforimpact

For general enquiries please call the
Physio First office team on **01604 684960**

Physio First is run by our members.
We work together to champion
evidence-based, cost-effective private
physiotherapy in the changing
healthcare marketplace.

www.physiofirst.org.uk

Data for Impact is a joint partnership project with



University of Brighton



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*Funded by the
Private Physiotherapy
Educational Foundation*

HELPING PHYSIOTHERAPY MAKE A DIFFERENCE