

General Activities

Kenneth Balfour Memorial Lectures

Sponsored Lectures

Sponsored Annual Case Study Competition

Research Awards

Individual Scholarship Awards

Grants for non-research projects

Specific activities

Project Register: The PPEF have provided funds for the following activities.

2000

1. Physio First: Car sticker to promote public awareness of physiotherapy.

2001

2. The Spinal Injuries Association: Production of a video and accompanying handbook to educate physiotherapists and patients: Gaining Ground – Physiotherapy following Spinal Cord Injury.
3. Jenny Wigram MCSP: A survey of low back pain in 12-14 year old students at South Dartmoor Community College.
Objectives: to assess the prevalence and natural history of LBP in adolescents and find out if activity levels are associated: To research students' perception of LBP; to publish findings.
2001
4. The Stroke Association: Reprint of a year's supply of the Stroke Associations free fact-sheet "Physiotherapy after stroke".
5. The Stroke Association: Reprint of a year's supply of the Stroke Associations free information leaflet "Stroke – a guide to your rehabilitation".
6. The Parkinson's Disease Society: Project to develop exercise packages in the form of video, audio tape and booklet for people with Parkinson's disease and their carers and health professionals in order to facilitate the improved management of Parkinson's disease.
7. The Patient's Association: "Consent to Treatment" booklet.
8. Physio First Branded Presentation Material: To maintain a consistent message using high quality material when making presentations about Physio First, physiotherapy in private practice and the benefits of physiotherapy generally.
9. Exhibition display stand for Physio First.

10. Nicola Hunter BSc MCSP MIOSH: Beating Back Pain in Heavy Manual Workers: The study concerned the provision of reactivation rehabilitation to water company workers based in East Anglia with recurrent or chronic low back pain as recommended by the Faculty of Occupational Medicine Guidelines for the Management of Back Pain at Work (2000). The study group consisted of workers with heavy manual jobs and back pain that was causing disability and time loss from work. The aim was to attain a sustainable reduction in the incidence of back pain in this group and consequential loss to employers, employees and the country.
11. The Physiotherapy Pain Association: Funding of the donation of copies of Pain Association publications to Physiotherapy Schools for student libraries.
12. Physio First Web-site development funding.
13. Physio First Patient Information Leaflets.
14. Funding for the Provision of Sportex supplement to all Physio First Members
15. 2001 OCPPP/ International Private Practitioners Association Joint conference: Eastbourne
Physical Impairment in Persistent Whiplash Associated Disorders
Presented by: Professor Gwendolen Jull – Australia

2002

16. Margaret Rees MCSP. Research grant for MSc
17. 2002 OCPPP Annual Conference Hinckley
Motor control and the spine: Does Science fit Clinical Practice?
Presented by: Dr Paul Hodges BPhy(Hons) – Australia

2003

18. Rachael Smith MCSP. Grant to support MSc in Manual Therapy : Assessment and treatment of neuromuscular dysfunction module.
19. Monica Kesson MCSP: Research funding for a pilot study to evaluate whether graded TFM and GAM are more effective in reducing pain in acute sprains of the lateral ligament of the ankle than grade A mobilisation alone.
20. Jan Lawrence MCSP: Grant to attend World Rural Health Conference.
21. Age Concern. Award for Sponsoring a new edition of “Promoting Mobility for People with Dementia” part of Age Concern’s Care Professional Handbook series written by and for physiotherapists. Sponsoring a new leaflet on the benefits of keeping supple and continuing mobility for older people.
22. OCPPP Annual Conference Hinckley
Why do most people not need spinal surgery
Presented by: Nicholas C Birch FRCS (orth) – UK

2004

23. PPEF and University of Brighton: Development of Standardised Data Collection System 2004 – ongoing
24. Fleur Kitsell MCSP– Research grant to investigate the mechanics of patello-femoral joint dysfunction – 2004 on-going
25. Annual Kenneth Balfour Memorial Lectures – Physio First Conference
The Medical Model of Headache
Presented by: Dean Watson GDAMT, MAppSc(Res) MAPA – Australia

26. Annual PPEF Funded Lecture, Physio First Conference
A Manual Therapy Approach to Thoracic Outlet Syndrome
Presented by: Pete Emerson USA

2005

27. Physio First Professional Portfolio.
28. Annual Kenneth Balfour Memorial Lectures – Physio First Conference
The Hip, The Forgotten Link for Back & Knee Problems.
Jenny McConnell – Australia
29. Annual PPEF Sponsored Lectures- Physio First Conference
Case Studies in the Injured Runner
Presented By: Irene S. Davis USA
30. Dean Philips MCSP– Research grant to investigate the body’s awareness of posture in the mid-range of sagittal plane lumbo-pelvic movement in sitting in patients who have chronic low back pain and non-LBP subjects.
31. Dr. Ian Davidson MCSP: Research grant for a quantitative observational study to assess the effect of targeted mobilisation of the Co- C3 segments on the intensity, frequency and duration of migraine (with and without aura).
32. Nicola Hunter MCSP: Grant to attend international Private Practitioners Association Congress in Melbourne Australia to present a paper and run a workshop on her work on low back pain in manual workers. 2005
33. Rachael Dickinson MCSP - To study what affect a proprioceptive stimulus has on a canines limb and its opposing legs in relation to Ground Reaction Forces (GRF) single leg stance time, muscle recruitment and balance rehabilitation.
34. Lee Herrington MCSP - to support attendance at the 8th International Scientific conference of IFOMT in Cape Town.

2006

35. Annual Kenneth Balfour Memorial Lectures – Physio First Conference Nottingham
Anatomy of Pain and The Mismanagement of Back Pain.
Presented by: Professor Nikolai Bogduk – Australia
36. Annual PPEF Funded Lecture, Physio First Conference
Pain, Do you get it? and Getting the Message to Patients.
Presented by: Lorimer Moseley - Australia
37. Annual case study competition

Previous Kenneth Balfour Memorial Lectures and PPEF Sponsored Lectures

2001 PHYSIO FIRST / International Private Practitioners Association Joint Conference - Eastbourne

Physical Impairment in Persistent Whiplash Associated Disorders

Presented by: Professor Gwendolen Jull – Australia

2002 PHYSIO FIRST Annual Conference Hinckley

Motor control and the spine: Does Science fit Clinical Practice?

Presented by: Dr Paul Hodges BPhy(Hons) – Australia

2003 PHYSIO FIRST Annual Conference Hinckley

Why do most people not need spinal surgery

Presented by: Nicholas C Birch FRCS (orth) – UK

2004 PHYSIO FIRST Annual Conference Nottingham

The Medical Model of Headache

Presented by: Dean Watson GDAMT, MAppSc(Res) MAPA – Australia

2004 Annual PPEF Funded Lecture, PHYSIO FIRST Conference, Nottingham

A Manual Therapy Approach to Thoracic Outlet Syndrome

Presented by: Pete Emerson USA

2005 Physio First Annual Conference Nottingham

The Hip, The Forgotten Link for Back & Knee Problems.

Jenny McConnell – Australia

2005 Annual PPEF Funded Lecture, Physio First Conference, Nottingham

Case Studies in the Injured Runner

Presented By: Irene S. Davis USA

2006 Physio First Annual Conference Nottingham

Anatomy of Pain and The Mismanagement of Back Pain.

Presented by: Professor Nikolai Bogduk – Australia

2006 Annual PPEF Funded Lecture, Physio First Conference, Nottingham

Pain, Do you get it? and Getting the Message to Patients.

Presented by: Lorimer Moseley – Australia